

LEAVING BAG FOR: :

FROM:

STRING - tie up loose ends before you leave

SPONGE – soak up memories

SMILEY POPPER- it is ok to have feelings

SWEET -goodbyes can be bitter/ sweet.

TISSUE -Tears are ok. Be kind and comfort yourself.

RAFT- **R**conciliation, **A**ffirmation, **F**arewells

and **T**hink destination

ELASTIC BAND- be flexible

FOOTPRINT KEYCHAIN - God promises to be with you

wherever you go

SEEDS - put down roots in your new country